

# Care Navigation Resources



HealthEZ employees have access to the following medical management services.

## Precertification and Case Management Services

American Health Holdings (AHH), regardless of Network will complete all utilization medical necessity reviews for any services requiring precertification. Case management services will be available to you for any chronic or complex condition in order for you to understand your treatment options, coordinate services among your doctors and ensure you are receiving the right care in the right setting.

**Precertification phone number 855-248-1856**

**Benefit phone number 844-449-5553**

## Care Advocacy

Services including search for In-Network Providers, Precertification Questions, and appointment assistance, please contact [Tammy.Burgwald@healthez.com](mailto:Tammy.Burgwald@healthez.com)

## Livongo

Livongo helps you stay on top of your health through connected devices, personalized guidance and 1:1 coaching for conditions of pre-diabetes, diabetes or cardiovascular concerns.

**For Livongo questions, email [LivEZ@healthez.com](mailto:LivEZ@healthez.com).**

## Boost Your Baby

Your benefits through HealthEZ offers a free breast pump for any eligible member. If you want to participant in BYB please **Email: [Tammy.Burgwald@healthez.com](mailto:Tammy.Burgwald@healthez.com)**

Your dedicated HIPPA officer is Deena Fisher [Deena.Fisher@healthez.com](mailto:Deena.Fisher@healthez.com)